

# FOOD



THE BEAR

— STRATFORD-UPON-AVON —

## FED & WATERED



CHOOSE ANY **FW** MAIN COURSE AND A DRINK\* FOR £11

Served weekdays from 12-3pm. Excluding bank holiday Mondays.

## NIBBLES

Any 3 nibbles for just 10.00

**OLIVES** **V** **Ve** **GF** ..... 3.50

Mixed marinated olives

**CHORIZO** **GF** ..... 3.50

Mini chorizos roasted in honey

**CRISPY SCAMPI** ..... 3.50

Lemon mayonnaise

**DEEP-FRIED BRIE** **V** ..... 3.50

In a crisp crumb with plum chutney

**CRISPY SQUID** **GF** ..... 3.50

Garlic aioli

**HOUMOUS** **V** **Ve** **\*** ..... 3.50

Artisan bread

**SOUP OF THE DAY** **GF** ..... 4.95

See your server or a blackboard for today's choice

## GRILLS

**100z GAMMON STEAK** ..... 10.95

Chunky chips, fried egg and garden peas

Our steaks are served with skinny fries and your choice of sauce:

- Roasted garlic and parsley butter
- Green peppercorn and brandy

**80z RUMP STEAK** **GF** ..... 16.95

Scottish 21 day-aged rump steak

**STEAK-FRITES** **GF** **FW** ..... 9.95

7oz Scottish 21 day-aged minute steak

## MAINS

**BEER BATTERED HADDOCK & CHIPS** ..... 9.95

Your choice of garden or mushy peas and tartare sauce

**SAUSAGE & MASH** **FW** ..... 9.50

Your choice of garden or mushy peas and onion gravy

### OVEN ROAST CHICKEN **GF**

Marinated and roasted half chicken - tender, succulent and crispy.

Choose your flavour and side(s):

**PROVENÇALE** Roasted peppers, tomatoes, olives, pesto

**FORESTIERE** Mushrooms, crispy Alsace bacon, thyme

**MOROCCAN** Spice rub, harissa, coriander, lemon

One side...£12.95 • Two sides...£14.95

**HOME-MADE PIE OF THE DAY** ..... 9.95

Chunky chips, your choice of garden or mushy peas and gravy

**SCAMPI & CHIPS** **FW** ..... 9.50

Your choice of garden or mushy peas and tartare sauce

**HOME-MADE CURRY OF THE DAY** ..... 8.95

Rice and paratha bread. Please see today's board for more details

**ROAST VEGETABLE TAGINE** **V** **\*** **FW** ..... 9.95

Roasted root vegetables, chickpea and apricot tagine with couscous tabbouleh and mint yogurt dressing

**Vegan option also available** **Ve**

Turn over to view

## MORE OF OUR MENU

\*175ml glass of house red, white or rosé, pint of house ale, Beck's or Stowford Press cider. These dishes: **V** are suitable for vegetarians **Ve** are suitable for vegans **GF** are suitable for a gluten-free diet, please advise your server **\*** can be made suitable for a gluten-free diet, please clearly advise your server that you need a gluten-free option. We handle all allergens including nuts, nut oils and derivatives and gluten in our kitchen and cannot guarantee our dishes are allergen-free. Some dishes may contain bones. We can provide a detailed list of all allergens used in our kitchen on request.

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## LIGHTER DISHES

**MOROCCAN ROASTED VEGETABLE SALAD** (V) (Ve) (\*) (FW) ..... 9.50

Harissa roasted butternut squash, celeriac and beetroot with super grains, pomegranate seeds, tarragon, mixed leaves and an orange dressing

+ **GRILLED CHICKEN** ..... 11.50  
+ **GOATS' CHEESE** ..... 11.50  
OR **BOTH** ..... 13.50

**CAESAR SALAD** ..... 9.50

Cos lettuce, artisan bread croûtons, Le Saint Mont cheese and Caesar dressing

**FISHCAKE OF THE DAY** ..... 9.50

Skinny fries

## BURGERS

All of our burgers are served in a toasted brioche bun with skinny fries

**THE BEAR BURGER** (FW) ..... 9.95

100% Scottish beef burger with mayo, salad, relish and pickles

**CRISPY CHICKEN BURGER** (FW) ..... 10.95

Chilli mayonnaise and salad

**HALLOUMI BURGER** ..... 10.95

Harissa marinated halloumi, chargrilled peppers, harissa mayo and hummus

Add a topping: Cheese 50p

Bacon 1.00 / Blue Cheese 1.00

## BAGUETTES

Add skinny fries for an additional 2.00 or a large cup of our Soup of the Day for an additional 2.50

**CLUB** ..... 7.50

Roast chicken, bacon, lettuce, tomato and mayo

**HAM & CHEESE** ..... 6.95

Ham, cheese and Dijon mustard mayo

**CHEESE & CHUTNEY** ..... 6.75

Le Saint Mont cheese and red onion confiture

**FISH GOUJON SANDWICH** (FW) ..... 6.95

Beer battered haddock and tartare sauce in a brioche bun

**STEAK** ..... 9.95

7oz pan-seared minute steak (bavette cut, served pink) and Dijon mustard

## PUDS

**CHOCOLATE BROWNIE** (V) ..... 5.75

Vanilla ice cream and hot pouring cream

**CRÈME BRÛLÉE** (V) (GF) ..... 5.50

Vanilla crème brûlée made fresh everyday

**STICKY TOFFEE PUDDING** (V) ..... 5.50

With vanilla ice cream

## SIDES

**CHUNKY CHIPS** (V) (GF) ..... 2.95

**SKINNY FRIES** (V) (GF) ..... 2.95

**BREAD & BUTTER** (V) ..... 1.50

**SUPER GRAIN SLAW** (V) (Ve) ..... 3.25

**SEASONAL VEG** (V) (GF) ..... 2.95

**SIDE SALAD** (V) (GF) ..... 2.95

**MUSHROOMS** (V) (GF) ..... 3.50